

Tours Offered During the 2026 RCNA Convention in Winnipeg

by James Williston, RCNA Convention Chairperson

Tuesday July 14th

Tour #1: 9:30 am to 4:15 pm

Cost: \$62.00

Bus leaves at 9:45 am from the hotel lobby

Human Rights Museum, Manitoba Museum and The Forks

The first stop: The Canadian Museum for Human Rights (CMHR) in Winnipeg is a striking national museum dedicated entirely to exploring human rights—past, present, and future—through immersive architecture, powerful storytelling, and interactive exhibits. It’s the first national museum built outside Canada’s capital region and one of the most architecturally distinctive buildings in the in the country. <https://humanrights.ca>



Human Rights Museum

(Image: Canadian Museum for Human Rights)

We will then head to The Forks, for a short walk to enjoy the local Artisan boutiques and the large food hall. (Enjoy lunch at your own expense.)

The Forks is 54 acre urban park located just out of downtown Winnipeg. It is an historic, cultural, and recreational hub located where the Red and Assiniboine Rivers meet, and it has been a gathering place for over 6,000 years. It blends Indigenous history, vibrant markets, riverfront trails, public art, and year round events into one of Canada’s most beloved urban destinations. The food hall is filled with local vendors, along with

Artisan boutiques and local makers. <https://www.theforks.com>

The Manitoba Museum is a major cultural institution in Winnipeg. It showcases Manitoba’s natural and human history through immersive galleries, a planetarium, and a hands on science centre. It’s known for its detailed dioramas and extensive collections, tracing the province’s story from prehistoric times to today. There is also a large Hudson Bay Company exhibit that includes an iconic full scale *Nonsuch* ship and other HBC artifacts. <https://manitobamuseum.ca>



Elephant and Castle Restaurant

Tour #2:

Meet at 6:00 pm in the hotel lobby. Dinner is at your own expense.

Early Bird Dinner – Elephant and Castle Restaurant

The Elephant & Castle in Winnipeg is a lively British style pub located in the downtown Winnipeg Delta Hotel. This pub is known for its classic pub fare, big beer selection, and a warm, sports friendly atmosphere. It’s a popular stop that offers an authentic British restaurant and bar experience with classic pub fare and a distinctly Winnipeg vibe. Check out the menu at: <https://www.elephantcastle.com>

Wednesday July 15th

Tour #3: 1:30 pm to 4:00 pm Cost: Free

Bus leaves at 1:30 pm from the hotel lobby

Royal Canadian Mint On-Floor Tour

There are mobility restrictions for the tour. Safety boots, ear plugs, etc. will be supplied by the RCM.

What is it like to take an *on-floor tour* of the Royal Canadian Mint in Winnipeg — one of the world’s most advanced coin production facilities? You will experience a guided and informative tour that is not offered often to the public. The tour will

give you a better understanding of the multi-step process of striking a coin, from how planchets are made to the finished product. You will be able to see the sequence of different machines used on the production line and how they all come together

Purchase of a Registration Kit is required to participate in both the RCM Tour and Reception. There is a limit of 50 people for this tour. If the on-floor tour is full, an enhanced skywalk tour will be available (up to 50 people).

to create one of the world’s best manufactured coins. Learn about the state-of-the-art technology used to mass produce circulation coins. Stop by and shop the RCM’s Boutique afterwards to check out all the items for sale! <https://www.mint.ca>

Friday, July 17th

Tour #4: 6:00 pm to 10:00 pm
5 minute walk from the Delta Hotel

Cost \$85.00

A Night at WAG-Quamajuq

The Winnipeg Art Gallery (WAG) opened to the public in the Industrial Bureau Exposition Building at the corner of Main and Water Street. Quamajuq is an innovative new museum which houses the largest public collection of contemporary Inuit art in the world. This first-of-its-kind centre had its grand opening in 2021. The Quamajuq connects to the WAG on all levels and is an 185,000 square foot cultural campus in the heart of downtown Winnipeg, just a five minute walk from the Delta Hotel.

This evening event presents a unique opportunity to **experience exclusive access to this venue after hours**. There will be a reception and cash bar in the Ilavut Room. The Entrance Hall room where you be greeted by a three-story visible vault made of glass and filled with several thousand carvings. In addition, there will be a guided tour where you will be able to explore other rooms within WAG-Quamajuq and view different collections housed in this stunning building. <https://www.wag.ca>



The Quamajuq

(Image: Lindsay Reid)

Assiniboine Park Zoo & The Leaf

A day at the Assiniboine Park Zoo in Winnipeg gives you a mix of northern wildlife encounters, immersive exhibits, and relaxed park like wandering. The zoo is perfect for families, nature lovers, and anyone curious about Arctic species. You'll spend most of your time exploring the award winning Journey to Churchill exhibit, strolling through 80 acres of naturalistic habitats, and enjoying optional behind the scenes experiences.

It's possible to see polar bears, arctic foxes, muskoxen, wolves, and other northern species. Walk through underwater viewing tunnels where polar bears glide overhead. You can stop by the Tundra Grill for lunch,

where large windows overlook the polar bear habitat. You can enjoy the view of the polar bears while you eat.

The Leaf is an area with four indoor biomes attached to the Assiniboine Park Zoo. The afternoon is the best time to visit The Leaf, as it's is warm and calming after a busy zoo morning. The natural light in the glass biomes is beautiful.

Explore The Leaf's four indoor biomes: **Tropical** (waterfalls, palms, orchids), **Mediterranean** (citrus trees and herbs), **Boreal** (familiar Canadian forest plants), and the **Seasonal Display** (rotating themed exhibits). <https://www.assiniboinepark.ca/>

RCNA



Assiniboine Park Zoo

(Image: Tourism Winnipeg)



The Leaf

(Image: Ema Peter)